

## Save the Date

**Mar 2-4, 2018**

20th Annual DelMarVa SGNA Conference  
Ocean City, MD

**May 20-22, 2018**

45th Annual National SGNA Conference  
Orlando, FL

**Summer 2018 – Date TBA**

Scope Reprocessing

**Sep 8-9, 2018**

ACG/VGS/ODSGNA Regional  
Postgraduate Course  
Williamsburg, VA

**Oct 27, 2018**

Pulmonary Endoscopy Conference  
Chesapeake, VA

## Scholarships

You may be eligible for an Old SGNA Scholarship if:

- You have been a member of ODSGNA for two or more years (as of January 1st, of this year).
- You must currently be employed as a caregiver in gastroenterology.
- You must actively support the goals and philosophy of SGNA

### Interested in attending any of the following?

- SGNA National Annual course – offering 2 – Application must be received 60 days prior to meeting
- ACG/VGS/ODSGNA – offering 1 – Application due 30 days prior to meeting
- CRNA Certification exam
- Certified Flexible Endoscopy Reprocessor (CFER) Techs – awarded after successful completion of certification in GI Scope Reprocessing

For more information, go to:

[www.ODSGNA.com](http://www.ODSGNA.com)

## mission statement

“The Old Dominion Society of Gastroenterology Nurses and Associates is a professional organization of nurses and associates dedicated to the safe and effective practice of gastroenterology and endoscopy nursing. ODSGNA carries out its mission by advancing the science and practice of gastroenterology and endoscopy nursing through education, research, advocacy, and collaboration, and by promoting the professional development of its members in an atmosphere of mutual support”.

## vision statement

“ Leading the next generation beyond best practices for a disease-free gut.”

# EndoScoop Old Dominion SGNA's Newsletter

ODSGNA represents Gastroenterology nurses and associates in and around the southeast and central region of Virginia



### ODSGNA Fun Facts:

- First chartered in 1992
- In 1998-2000 - Drove the legislative process for reimbursement for colorectal cancer screening
- Awarded Outstanding Regional Society in 2013, 2001, & 1994
- Home of 2 founding members who eventually won the prestigious “Gabriele Schindler” award – Gail DeCosta & Nancy Schlossberg.
- 2008 – The Back to Basics - Beyond the Basics educational series began.
- ABCGN Outstanding Certified Region of the Year awarded- 2015 & 2004



BOD Committee members met February 10, 2018 in Williamsburg for a very productive semi-annual Business Meeting where we planned future educational courses and membership offerings.

Left to right: Kim Cooper, Lisa Brown, Charlotte Timberlake-Torseth, Lorrie Brickner, Sherrie McNamara, Donna Dickinson, Eileen Babb, Irene Rader

## Meet the Elected Officers

**Irene Rader, ADN RN CGRN – President**

- \* Nurse, Endoscopy Department  
University of Virginia Health System, Charlottesville, VA

**Donna Dickinson, MSN RN CGRN CFER CMSRN – Immediate Past President**

- \* Nurse Manager, Endoscopy Bon Secours Saint Mary Hospital, Richmond, VA

**Sherrie McNamara, PHD(c), RN MBA, CCRA – President Elect**

- \* Director, Global Medical Affairs and Pharmacovigilance, C. B. Fleet Co., Inc, Lynchburg, VA

**Kristi Seay, MSN RN CGRN – Secretary**

- \* Assistant Manager, Endoscopy, University of Virginia Health system, Charlottesville, VA

**Kimberly Cooper, MSN RN CGRN – Treasurer**

- \* Perioperative Systems Administrator, Chesapeake Regional Healthcare, Chesapeake, VA

## Appointed Committee Members:

**Lisa Brown, AGT CFER**, associate at UVA is now ODSGNA's new membership chair. Lisa is also the chair of the Associates and Technician Special Interest Group for SGNA. Her passion is to provide education for associates and for them to become more involved in SGNA.

**Eileen Babb, BSN RN CGRN CFER** – Communication Chair, Past President

**Lorrie Brickner, RN CGRN** –Legislative Liaison, Past President

**Cindy Taylor, BSN MSN CGRN** – Past President, past Membership Chair. ODSGNA extends a special thank you for her long tenure with ODSGNA.

**Charlotte Timberlake-Torseth, RN CGRN** – A special thank you to Charlotte for serving as Education Chair in 2017.

**Susan Mitchell, RN ADN CGRN** – EndoScoop Newsletter, Editor, Past Secretary. A special thank you to Susan for all her years of service with ODSGNA.

## Message from the President:

Dear Colleagues,

As I begin my term as President I want to thank the ODSGNA board for mentoring me the last few years. I thought I needed to have a motto but I couldn't come up with one so I started to think about my GI career and where it has taken me. This is what I came up with **DREAM BIG AND BELIEVE IN YOURSELF**. I have been in GI for 20 years becoming certified in 2005. The first 15 years I worked in a small rural hospital that had a two room endoscopy unit. It did not take me long to develop a passion for GI nursing. At that time I would never have thought I could be a president of a regional society. I owe this to having great nurse mentors and being involved in SGNA. I made it my personal responsibility to learn everything I could. Working in a small hospital we didn't do a lot of advance procedures but by going to conferences I was able to keep up with all the latest techniques. The knowledge I gained at these conferences gave me the confidence to be able to work at UVA. SGNA has provided me with many opportunities. I have been fortunate to receive scholarships at the regional and national level to be able to attend several national conferences. I encourage you to apply for scholarships so you have the same opportunities. Also, remember to dream big, you never know where your dreams will take you. Please know ODSGNA is here to help you grow as a GI nurse.

*Irene Rader, ADN RN CGRN*



## Upcoming Events

March is **Colon Cancer Awareness Month**.

Colon cancer is the second leading cause of cancer related deaths among men and women in the US. Colon cancer is one of only a few cancers that can be prevented through screening. This month helps us to get the word out how important it is to have a screening colonoscopy at the age of 50. It is the cancer that no one likes to talk about so during this month it brings this disease to the forefront and as GI professionals we can encourage our families and friends to be screened.

You have the opportunity to support colon cancer awareness by participating or volunteering in a 5K race in Richmond, VA on June 9th sponsored by **Hitting Cancer Below the Belt** (HCB2). HCB2 is an organization whose goal is to educate about colon cancer prevention and to break down barriers to screening. Registration is open. For more information about volunteering contact Kristy Seay our ODSGNA secretary.

As advocates for our patients it is important to educate and support them. Becoming involved in awareness of the issues and legislative processes is one way you can do this. On March 4-5, SGNA members and leaders will attend the **Public Policy Forum in Washington DC** concerning legislation for colon cancer. If you are unable to attend this year, make next year a goal to attend this special event to support colon cancer awareness.